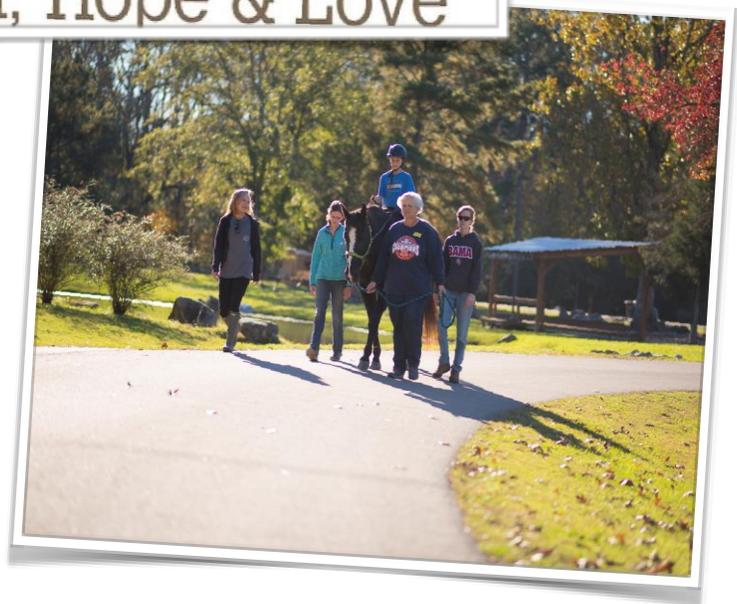


Volunteer Manual



Dear Volunteer,

Thank you so much for your interest in volunteering at The Red Barn, and welcome! We are happy that you are becoming a part of our barn family. Please know that we always want you to feel valued and like you belong here, and we sincerely hope that you get as much out of this experience as you can. We want to help you learn and grow as both a person and a volunteer during your time at the barn.

With every hour you spend volunteering, you will be changing the life of a low-income child with disabilities. Your efforts will make the difference that gives that shy little girl confidence or that troubled teen peace. Thank you!

Our responsibilities are to help you be prepared for the tasks you are assigned, to communicate the students needs to you, and make sure you realize how great YOU are! We appreciate everything YOU do. We have the best volunteers around - you are joining a great team.

Looking forward to serving together,
The Red Barn Staff

"It is absolutely clear that God has called you to a free life...use your freedom to serve one another in love; that's how freedom grows." Galatians 5:13

About Us

Our Mission Statement: The mission of The Red Barn is to promote and provide equine-assisted services to low-income individuals with disabilities and special circumstances, especially children.

History: The Red Barn became a 501(c3) organization in February 2012 while operating in the little red barn on the property. Growth and word spread quickly, expanding our programs and spreading programs out over 32 acres of property by 2016.

What we do: We offer children and adults living in low-income families with disabilities and special circumstances the opportunity to work with and learn to ride horses.

Safety: The safety of our students, their families, as well as our staff, volunteers, and horses are of the utmost concern at all times. You will notice many signs posted around the facility - please pay attention to all of them. One of your primary responsibilities is to help us maintain our high standards of safety. If you see a safety concern, please alert the staff with discretion as soon as possible.



Our Programs

Equine Assisted Learning

Educational camps and classes are taught by employees with knowledge of disabilities and experience adapting activities to encourage participation.

Our camps and classes give children a chance to participate in educational and recreational activities in an outdoor setting. Sessions are "ground-based," meaning that participants do not ride. Our animals, like rabbits, goats, and horses, provide a chance for children to learn life skills through a variety of interactions. Examples of interactions include observations of herd dynamics, leading activities, grooming, or the inclusion of animals in the learning activities.



Equine Assisted Horsemanship

Certified Therapeutic Riding Instructors teach therapeutic horseback riding lessons at the barn. Lessons focus on proper riding position and riding skills. The strategies for riding skills are adapted based on the abilities of the rider. The rider is taught how to use their body to influence the horse's movement.

Cpl. Anthony Clay Ward Program for Veterans

Participants in this program are veterans, active or inactive military personnel, and their families. The activities for this program vary and are determined by the individuals or groups attending.



Volunteer Program

- Those 16 years of age and older have several volunteer opportunities.
- All volunteers 19 and older must pass a DHR child abuse/neglect check, and all volunteers 18 and older must pass a criminal background check.
- Volunteers may discontinue their service at any time, but advance notice is greatly appreciated.
- The Red Barn has the right to discontinue any volunteer service that fails to follow a given code of ethics or breaches confidentiality.
- Attending a volunteer orientation is required for all who wish to volunteer at The Red Barn.
- Please be mindful of your physical limitations and do not cause injury to yourself, others, or The Red Barn property while volunteering.
- Listen and follow directions of staff at all times.
- Volunteers are here to assist in giving the participants the best service. This means that there should be no expectation of "horse time" or care. The horses are here to serve the participants of The Red Barn, and volunteers make that safe and enjoyable for the participant.
- Please do not come to The Red Barn if you are sick. Keep our staff, students, and other volunteers health in mind.

Equal Opportunity Policy: The Red Barn maintains a strong policy of equal volunteer opportunity. We recruit, accept, train, promote and dismiss volunteers on the basis of personal competence and position performance, without regard to race creed, color, religion, sex, sexual orientation, age, marital status or handicap.

Volunteer Rights and Responsibilities: Volunteers are viewed as a valuable resource to this organization, its staff, and its participants. Volunteers shall be extended the right to be given meaningful assignments, the right to be treated fairly, the right to effective supervision, the right to full involvement and participation, and the right to recognition for work done. In return, volunteers shall agree to actively perform their duties to the best of their abilities and to remain loyal to the goals and procedures of the agency.

Grievance Procedure: Volunteers and staff are expected to act professionally and in accordance with their position descriptions. Should a volunteer have a grievance concerning their work environment, they should report it promptly to the Public Relations Coordinator or the Executive Director. Every effort will be made to achieve speedy and effective resolution, and all complaints will be treated confidentially. Confidentiality may not be guaranteed for complaints involving sexual harassment or child abuse.

Alcohol/Drugs: When participating in The Red Barn activities, volunteers are prohibited from purchasing, transferring, using or possessing illicit drugs, alcohol, or prescription drugs in any way that is illegal or can impair judgment. Implementing this policy provides a drug and alcohol-free work place in order to ensure a safe, healthy, and productive environment for all volunteers and employees. If caught or suspected of breaking this policy, disciplinary actions up to and including termination will result.

Harassment Policy: Volunteering should be an enjoyable experience. Harassment is not only illegal, but it also creates uncomfortable conditions and unpleasant experience for everyone involved. Any volunteer who feels harassed should speak to his/her volunteer supervisor or the executive director in attempt to reach a solution.

Media Policy: Please be careful not to represent yourself as a spokesperson or representative for the organization under any circumstances without prior approval. Only the executive director, approved staff and/or board members may serve as spokes-people for The Red Barn.

Current Volunteer Roles

We have 3 main roles for volunteers at The Red Barn. You can apply to as many roles as you would like. We do have a waitlist for some of the roles, depending on the season and need when you are applying. Barn Operations Volunteers and Horse Handler Volunteers could have the opportunity to sidewalk in a lesson, so training for that could take place if applying for either of those roles. Please read over the role descriptions carefully. Intake paperwork must be completed, including Background Check if you are 18 or older and DHR check if you are 19 or older.

Role: Barn Operations Volunteer

Role Purpose: To assist The Red Barn staff in completing the daily operating chores and helping with occasional special projects around The Red Barn property.

Expectations: The volunteer is expected to keep commitments to The Red Barn and arrive ready to work effectively and safely at all times. Barn Operations Volunteers will not have the expectation of having contact with The Red Barn horses. The horses serve the participants of The Red Barn and volunteers are serving the participants and horses by completing the tasks listed below.

Time commitment: Slots could be assigned Monday through Sunday. Consistent weekly commitment through riding terms, a 10-week season, is a must.

March through November 3:30-5:30.

November through March 8:00-10:30.

Duties and Responsibilities could include:

Clean and muck stalls, having the ability to lift 50 lbs.

Dust barn surfaces, having the ability to reach above your head.

Wash bucket or troughs, having the ability to bend over at the waist.

Refill water buckets.

Dump feed or throw hay.

Experience: No previous experience is required.

Working Conditions: Volunteers must be able to lift more than 50 lbs, walk on uneven surfaces, hold arms above their head, and stay on their feet for extended periods.

Working conditions at the barn can also include extreme heat or cold and occasional rainy conditions. We encourage volunteers to take breaks as needed and drink lots of water.

Role: Horse Handler Volunteer

Role Purpose: To lead the horse while it is being used in lessons and classes.

Expectations: The volunteer must pass a horse handler evaluation in order to take on the duties listed below. The volunteer is expected to keep commitments to The Red Barn and arrive ready to work effectively and safely at all times. Volunteers must adhere to “The Red Barn way” of working with The Red Barn horses.

Time Commitment: Slots could be assigned Monday through Sunday from 9:00-5:30 for at least an hour. Consistent weekly commitment through the riding terms, a 10-week season, is a must.

Duties and Responsibilities could include:

Leading a horse while it is in a lesson with a participant.

Holding a horse still while it is helping in a class and doing groundwork.

Following directions given by the riding instructor or horse team.

Communicating with staff about the horse’s behavior when needed.

Experience: Applicants must have ample horse experience.

Working Conditions: Volunteers must be able to lift more than 50 lbs, walk on uneven surfaces, hold arms above their head, and stay on their feet and walk for extended periods. Working conditions at the barn can also include extreme heat or cold and occasional rainy conditions. We encourage volunteers to take breaks as needed and drink lots of water.

Role: Agency Ambassador

Role Purpose: Learn more about The Red Barn’s mission while assisting to further The Red Barn’s reach and impact.

Expectations: Individuals must pass the background check and DHR checks just like all other volunteers, as well as be willing to tour the property and attend a training with administrative staff.

Time Commitment: We ask that all Ambassador Volunteers commit to staying connected to The Red Barn’s social media sites on a regular basis and commit to helping with at least one event each year.

Duties and Responsibilities could include:

Help plan events.

Collect door prizes and donor thank you gifts.

Administrative duties such as writing thank-you notes to supporters.

Sharing social media posts.

Experience: Past experience helping plan events is helpful but not necessary.

Dress Code

Footwear

With safety in mind, staff and volunteers must wear suitable footwear when working in the barn and with horses. Boots are preferred, but other thick soled, closed toe shoes like athletic shoes, tennis shoes, or sneakers are acceptable. No steel-toed shoes allowed, but composite-toed shoes made for a barn environment are acceptable. See Safe Shoe Considerations below.

Safe Shoe Considerations

Non-boots must have a way to maintain on your foot, such as velcro, shoelaces, etc. Slip on shoes, keds, toms, crocs, etc. are not permitted in the barn even if they are technically closed toed. Shoes should provide solid, thick soles that prevent slipping.

Clothing

The Red Barn strives to maintain a comfortable, staff-friendly workplace. Staff members may wear modest, casual attire that is appropriate for the tasks they will be completing each day. Logos or wording should be appropriate for a children's environment and apolitical.

When representing The Red Barn on business or at any business function, employees should dress accordingly, in appropriate professional attire in order to represent The Red Barn in the best light. Yoga pants are not to be worn at fundraising events or business functions. Also, shirts worn at events or business functions should have a barn logo or no logo on them.

When selecting their clothing each day, employees are also asked to consider the example they are setting for students and volunteers, as well as the mental impact to be work ready. Overall appearance should be neat and clean, at least at the start of the day.

| Item | Acceptable | Not Acceptable |
|--------|---|--|
| Shorts | Athletic shorts, chinos, jeans, running shorts, biker shorts, etc. At least 3 inch inseam and all the way around the shorts hem. | Shorts shorter than the untucked hem of the shirt worn. Shorts that are shaped like swimsuit bottoms. Shorts that show the two gluteal prominences when you bend over. |
| Shirts | Shirts with necklines that are no more than 5 inches from the jugular notch. | Shirts that show skin when you bend over or raise your hands over your head. When you bend over, people shouldn't be able to see underneath your shirt, unless you have on some sort of tighter fitting tank or cami underneath. |

| | | |
|--|---|---|
| | | <p>Longer than the hem of your shorts.</p> <p>No crop tops or bare mid-drifts.</p> <p>Should not be overly tight (unless it's a cami worn under something) or loose enough to be a safety concern.</p> <p>At events, shirts should have a barn logo or no logo.</p> |
| Pants | <p>Jeans, leggings, yoga pants, sweat pants, riding breeches.</p> | <p>Excessive rips and tears. Note: sometimes jeans have intentional fraying on them that wouldn't be too bad.</p> <p>Very thin yoga pants that are see through when stretched.</p> <p>Shirts do not have to totally cover bottom as long as they meet the requirements for shirts.</p> <p>Yoga pants are never acceptable for events.</p> |
| Hats | <p>Baseball caps, visors, straw hats, etc. worn when required for outside work.</p> <p>If worn for outside work, may be left on when coming inside.</p> | <p>Hats prone to fly off when the wind blows.</p> |
| Jewelry when working with horses and students. | <p>Studs in ears and nose.</p> <p>Necklaces that are no more than 4 inches below the jugular notch.</p> | <p>Dangling or hoop earrings and noserings.</p> |

VOLUNTEER CODE OF ETHICS

The Red Barn seeks to provide a safe, peaceful, and professional environment for students, visitors, staff members, volunteers, and horses. The purpose of this code of ethics is to provide volunteers with an ethical and responsible framework from which to serve.

As a volunteer, I will:

- Listen and follow directions carefully to The Red Barn staff members and recognize that they follow specific procedures for a reason.
- Respect my fellow volunteers.
- Strive to keep the Executive Director or Public Relations Coordinator informed of opportunities in the community for promoting The Red Barn and potential funding opportunities.

- Keep well informed of developments and policies relevant to my volunteer responsibilities and The Red Barn policies. **I understand that email is the preferred method of communication.**
- Participate actively in volunteer trainings and assist other volunteers as they join The Red Barn.
- Bring to the attention of the Executive Director or Public Relations Coordinator any issues that I believe will have an adverse effect on the organization or those we serve.
- Help curtail any negative conversations, rumors or gossip.
- Consider myself as having a vested interest in the organization and do my best to ensure that it is well maintained - keeping quality and safety in mind.
- Always strive to learn how to be a more effective volunteer, while also assisting the staff in improving the volunteer program.
- Strive to keep a professional relationship with participants and their families.
- Notify staff if I cannot physically do something that is asked of me.

As a volunteer, I will not:

- Criticize fellow volunteers and staff members or their opinions.
- Use the organization for my personal advantage or that of my friends or relatives.
- Discuss confidential issues with anyone not involved with those issues.
- Interfere with the duties of staff members or undermine their authority.
- Mistreat horses or any other animals on The Red Barn property in any fashion.
- Take pictures or videos while on Red Barn property.
- purchase, transfer, use or possess illicit drugs, alcohol, or prescription drugs in any way that is illegal or can impair judgment.

Where repeated attempts have been made to rectify a volunteer's non-compliance with the Code of Ethics, or where a severe violation of the Code of Ethics has occurred, prompt action will be taken to remove or suspend the individual. As a Red Barn volunteer, I agree to adhere to and to be responsible for maintaining the above Code of Ethics.

BARN RULES

1. No smoking anywhere on the premises.
2. Please drive slowly; we love our children and horses.
3. Direct access to any horse must be supervised by one of our instructors.
4. Closed-toe shoes are required when working with horses.
5. Safety stirrups or boots are required when on a horse.
6. Helmet is required when riding.
7. Observe all "off limits" signs.
8. No one is allowed in the red house or the brick house without permission.
9. No one should be on Red Barn property without permission.
10. No "horse play" in the barn (roughhousing).
11. Parents must supervise all students who are not in a lesson.
12. No dogs or other pets.
13. Please flush only toilet paper down the toilets on the property (no wipes or feminine products).

Tracking Hours

Logging hours is the Volunteer's responsibility, but we have a few options for you to choose from to make it convenient.

1. You can sign-in on the sign-in sheet in the lower barn. This will get recorded weekly to help keep track of community support.
2. Log your hours on your phone by using the Track it Forward App. Please see the directions below.
 - You must first create an account by going to the website. <https://www.trackitforward.com/site/red-barn>
 - Once that's complete, you can then download the app to log your hours easily.
 - Open your app store.
 - Search and download Track it Forward.
 - Log in
 - Log hours

Please email grace@theredbarn.org if you have any questions or to confirm the total hours served when needed for school or work.

Frequently Asked Questions

When can I begin volunteering?

After completing training, many volunteers are incredibly anxious to get started! While we would love to incorporate everyone as quickly as possible, it takes time to place new volunteers in the programs. Please be patient during this process and know that we're doing our best to get everyone involved as soon as possible.

What do I do when I arrive at The Red Barn the first time to Volunteer? Before arriving, be sure to know where your event or lesson is going to take place. If it is on the red barn property, you will park in the gravel parking area or the grass across the drive. If you are to meet at the white barn, please drive up the gravel drive and enter the gate. Parking areas are marked. In both areas of our property, there is a sign-in sheet. Please log your hours with us!

Why do I have to sign in?

Signing in is very important because tracking volunteer hours will help us secure funding and show potential donors the tremendous community support we have. It also allows us to report your served hours back to you accurately. See section Tracking Hours for details.

Can I become friends with the students and/or their parents?

You are likely to feel a special connection with students. However, please refrain from giving money or gifts to the students, offering rides or other personal favors, and giving out personal contact information. You are cautioned to consider the consequences before connecting with parents or guardians on any social media site. Please contact a staff member if you feel like a student and/or their family has a significant need. Be a

support person in their lives while at the barn and know that you are making an eternal difference even if you are only with them for a short time.

Will someone inform me of the student's reasons for participating in The Red Barn's programs?

Many of our participants have physical, cognitive, or emotional disabilities. They want to be spoken to with respect; they don't want to be questioned or made to feel uncomfortable. They want to learn and have a good time, and they want to spend time with horses! Do not expect to be told the participant's circumstances for being at The Red Barn. Please do not ask prodding or inappropriate questions, and please let a staff member know if you are uncomfortable working with children with a specific disability.

Why is the student I'm working with progressing so slowly?

At The Red Barn, the pace is a bit slower than traditional barns. This is a low-stress, encouraging, uplifting, peaceful, and educational environment on purpose. Please help us keep this atmosphere by encouraging the riders, listening when they would like to talk, giving positive feedback, and treating everyone the way you want to be treated.

Will I be notified if a student cancels?

Occasionally, students will cancel their lesson at the last minute or not show up at all. This is inevitable. If the student you are scheduled to assist cancels or does not show up, please ask a staff person if there is anything else that you can do. Chances are pretty good that there are other tasks to be done! The barn will contact you upon hearing a student has canceled. Flexibility and understanding are greatly appreciated.

What is the weather policy?

The weather also affects the lesson schedule at the barn. Please do not assume that lessons are canceled due to rain. We may use the opportunity to do groundwork with the students. If it is thundering and lightning, students will not be allowed to work with the horses. If you feel like traveling from where you are to The Red Barn is dangerous, please text the barn to let us know. Every effort will be made to notify volunteers of cancellations in advance. Again, your flexibility and understanding are greatly appreciated!

When am I allowed to take pictures/videos?

Volunteers are encouraged to give their full attention to the student they are working with or the task they are volunteering. The Red Barn must be a safe place for our students and their families. Please do not take pictures or videos of our horses, students, or their families. This is very important! If you need photographs for a school project or advocate for the community's agency, please ask a staff member.

How can I stay informed about The Red Barn's schedule and upcoming events?

The best way to stay up to date is to provide an accurate email address on your volunteer application. An email is sent out monthly with that month's volunteer opportunities. You will also receive emails throughout the month with other requests to help. You are welcome to contact the Public Relations Coordinator through email at any time. Connecting with us on Facebook, Twitter, and Instagram (TheRedBarnAL) is another excellent way to stay informed.

Most Common Disabilities

Autism Spectrum: Autism spectrum is a neurological and developmental disorder that begins early in childhood and lasts throughout a person's life. It affects how a person acts and interacts with others, communicates, and learns. It includes what used to be known as Asperger syndrome and pervasive developmental disorders.

Cerebral Palsy: Many non-progressive motor disorders with impairment of voluntary movement. May have restricted movement in one or more limbs.

Down Syndrome: A genetic disorder characterized by developmental delays, mild to moderate cognitive delays, and low muscle tone. The learning process may be slow and will depend on the severity of the disability. These riders learn by repetition. Consistency is important along with age appropriateness. In other words, treat them as their age dictates.

Multiple Sclerosis: A progressive disease that attacks the central nervous system. Wide range of symptoms and characteristics, including muscle weakness, lack of judgement or inattention. Avoid over fatiguing.

Seizures: Seizures can be associated with various disabilities, and can vary greatly from Grand Mal Seizures to a momentary zoning out. The rider may appear non-coherent suddenly or appear vacant. Call the instructor's attention to the rider immediately if this is suspected.

Reactive Attachment Disorder: Characterized by significantly disturbed and developmentally inappropriate ways of interacting in most social circumstances. This includes appearing to be emotionally distant or being overly attached to new people.

Fetal Alcohol Syndrome: The main effect of Fetal Alcohol Syndrome is permanent damage to the brain. Effects can include poor memory, attention problems, impulsive behavior, poor cause-effect reasoning, and distinctive facial features. These students need consistency, repetition, and patience.

Anxiety Disorders: A mental disorder characterized by excessive feelings of anxiety and fear. These feelings may cause physical symptoms such as racing heart and shakiness.

Dyslexia: Characterized by a difficulty learning to read fluently or comprehend the material being read, despite normal intelligence.

ADHD: A neurodevelopmental disorder characterized by problems with attention, hyperactivity and/or acting impulsively that are inappropriate for the person's age.

Post-Traumatic Stress Disorder (PTSD): PTSD may develop after a person is exposed to one or more traumatic events in which they experience intense fear, horror, or powerlessness. The diagnosis may be given when a group of symptoms, such as

disturbing recurring flashbacks, avoidance or numbing of the memories of the event and hyper-arousal continue for more than a month after the traumatic event.

Sidewalking



When a volunteer is sidewalking, their sole responsibility is the rider to which they are assigned. They stay aware of their rider by watching their balance and expressions. The sidewalker will receive instructions from the lesson instructor and should follow those instructions strictly.

The ideal position for a sidewalker is to stay between the rider's knee and hip and about 4-6 inches away. Sidewalkers do not need previous horse experience, but will be required to complete volunteer training at The Red Barn.

Sidewalkers must be physically capable of holding the sidewalking position for 30 minutes at a time and walking and/or trotting with their rider. Safety is our number one concern.

- Try to avoid unnecessary talking with the student and other volunteers during the lesson. Too much input can be confusing and distracting to the student.
- Maintain your position at the student's knee.
- When the instructor gives instruction, allow the student plenty of time to process that instruction. Each student is different and has different goals. Feel free to ask if you are unsure! The instructor will give you direction as to the level of help you should give for your student.

Types of holds

Hand over thigh: place your hand on the front of the saddle (flap or pommel) with the hand closest to the student, and gently rest your forearm on the student's thigh.





Front Ankle: place hand in the front of the ankle, typically used to ensure proper leg position.

Back Ankle: place a hand on the back of ankle/heel, avoid ankle tendon, typically used to ensure the student isn't digging into horse and/or as a reminder to hold heels down for balance.



Spotting: When a volunteer is spotting, they are asked to watch a horse and rider team. They are to verbally inform the instructor of any concerns about the horse and rider team and intervene if the situation becomes hazardous. While this position does not seem "busy" or even necessary at times, please understand that it is very important for the safety of everyone involved for you to remain attentive.

Horse Handling

When a volunteer is leading a horse, their sole responsibility is the horse which they are leading. They are always tuned in to what their horse is doing and, when needed, giving verbal feedback to the instructor about how their horse is behaving.

Horse Handler Evaluation:

All volunteers wishing to be Horse Handlers must complete and pass The Red Barn's Horse Handler Evaluation. Horse Handler Evaluations are scheduled at the discretion of our instructors. Evaluations typically last about one hour.



Jobs within the Mounting Process



Horse Handler:

When mounting, the horse handler's job is to align the horse's body as close to the mounting ramp as possible without rubbing the saddle against the wood, as well as keeping the horse still and calm throughout the entire mounting process. Hold horse outside of ramp until instructor has performed a safety check and given you permission to enter the ramp.

Lead the horse in the ramp while keeping his body close to the ramp (2-4 in.). Standing beside the horse, keep him quiet and still while instructor mounts the student. Once given verbal permission by the instructor, walk horse straight out of the ramp. Reason being, the instructor/sidewalker will have a handhold on the student the entire way out of the ramp as they descend the steps.

After approximately 4-6 steps the instructor will ask you to halt the horse. They will then adjust stirrups and give you further instructions.

Offside Guide: During the mounting process, the sidewalker's job is to stand on the offside of the horse (right side), either on the ground or on the ramp. You will

act as a barrier to the horse as well as assist the instructor in mounting the student.

Before the horse enters the ramp, the instructor will ask you to take your place standing on the offside.

Once the horse is standing quietly, the instructor will begin mounting the student. Your job is to assist by supporting the riders right leg as it comes over the back of the horse or weighting the stirrup as directed.

After the student is seated, the instructor will tell you what hold to do and will ask the leader to exit the ramp. You are to walk forward with the designated handhold on your student.

Emergency Procedures

Although the staff does their best to keep any danger from coming to any students, there is always the possibility that something may happen. During an emergency, there are a few things to remember. Above all else, please stay calm.

There is a phone to dial 911 next to the green couch in the red barn, in the office of the red house, white house, and in the white barn office.

Emergency Procedures During a Riding Lesson

Horse Handler: Your job is to take care of your horse. In any situation, you are **never** to let go of your horse. If ever there is an emergency with your student, you are to halt your horse and calm him. If the student is still mounted, stop the horse and calm it. If your student has fallen, you are to move the horse out of the way with the horse's hindquarters pointing away from the student.

Sidewalkers: Stay with the student. The instructor will give you further information once the student is dismounted. Please follow all directions given to you by staff. They may ask you to call 911, get a first aid kit, or into inform other staff members that may be close by.

If there is an emergency with another horse and student team in the arena or on the trail with you, all other horse and rider teams should stop their horses, remain calm, and wait for further instruction from your instructor.

THE RED BARN'S WISHLIST

Many of these items are available for purchase online through our Amazon Wish list.

- Bottled water
- Forever stamps
- Paper towels
- Toilet paper
- Kleenex
- Individually packaged snacks
- Shampoo
- Trash bags
- Batteries
- Art supplies
- Cleaning supplies
- Office supplies
- Hand soap
- Hand lotion